

September 2011: Heights Wrestling Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 New parent meeting at 6pm Rm2120	2 New Wrestlers 3-5 MUST HAVE USA WRESTLING CARD TO PARTICIPATE!!!	3 OFF
4 OFF	5 HOLIDAY OFF	6 Veteran Lift 3-4:30	7 New Wrestlers 3:00-5:30	8 Veteran Lift 3-4:30	9 New Wrestlers 3:00-5:30	10 Super 32 Qualifier at Osceola HS (Select wrestlers) Team Carwash 11-2pm
11 OFF	12 New Wrestlers 3:00-5:30	13 Veteran Lift 3-4:30	14 New Wrestlers 3:00-5:30	15 Veteran Lift 3-4:30	16 New Wrestlers 3:00-5:30	17 Team Carwash 11-2pm
18 OFF	19 New Wrestlers 3:00-5:30	20 Veteran Lift 3-4:30	21 New Wrestlers 3:00-5:30 Parent Meeting @6pm	22 Veteran Lift 3-4:30	23 PRITTS CAMP DAY 1 (cost of camp is \$100 per wrestler)	24 PRITTS CAMP DAY 2
25 PRITTS CAMP DAY 3	26 New Wrestlers 3:00-5:30	27 Veteran Lift 3-4:30	28 New Wrestlers 3:00-5:30	29 Veteran Lift 3-4:30	30 Lock-In 2011 ALL WRESTLERS MUST ATTEND	Oct 1st Heights Open@ Olympic Heights Weighin 8-10 Wrestling 11am

Questions: Check the website@ www.heightswrestling.com or Contact Coach Mears – leevy.mears@palmbeach.k12.fl.us – (563) 580-9472